



Health &

Providing newer and affordable remedies

The doctor of the future will be one who looks for the root cause of patient's illness and proceeds to correct the source rather than mask symptoms with prescription drugs. With masking of symptoms, the immediate problem may well go away but the cause remains. Says, Dr. P.K.Saxenaa.

Dr. Praveen Kumar Saxenaa, MBBS, DMRD, FACAM, FRCAM, is a Fellow Member of American College for Advancement in Medicine (ACAM), USA FRCAM (Dublin), IMA Hyderabad & IRIA and has been recently appointed as Regional Dean (India, Nepal, Sri Lanka & Burma) Royal college of alternate medicine (Dublin). He has started Dr.Saxena's Centre for Progressive Medicine in Basheerbagh which is

the quest for wellness.

More than six crore people in India suffer from heart ailments, and more than 80 per cent of them cannot afford treatment. High-tech hospitals and costly surgeries make it impossible for the poor to afford treatment.

In most cases, patients are told that surgery is unavoidable. But there are non-invasive options which work equally well. At Dr. Saxena's Centre for Progressive Medicine people with ailments like myocardial infarction, angina, coronary heart disease, blockages in the heart and other parts of the body, high blood pressure, high cholesterol levels, diabetes have been treated without surgery using non invasive procedures like Enhanced External Counter Pulsation (EECP) and Artery Clearance Therapy (ACT).

alternative to bypass surgery and angioplasty is now available to patients who suffer from cardiovascular disease and congestive heart failure and cannot be treated effectively with medication or are unsuitable or are unwilling to undergo invasive procedures. This therapy is called Enhanced External Counter Pulsation (EECP). Unlike heart surgery and angioplasty, EECP is an efficacious, clinically tested, non-surgical, non-invasive, non-pharmaceutical therapy, without requiring any type of anaesthesia or needing hospital stay. EECP is a circulatory assist device that provides external Counter Pulsation for the treatment of ischemic heart disease which enables the heart to grow its own bypasses, it is also safe, painless, and affordable. The treatment decreases the

improves the ability to participate in normal day-to-day activities to relieve or eliminate angina and have various other beneficial effects on different systems of the body.

ACT is non-operative treatment for blocked blood vessels. Artery clearance therapy is used for a wide variety of problems. The most common condition that ACT is used for today is arteriosclerosis, or blockage of the blood vessels. In nearly all cases it makes angioplasty or surgery unnecessary, thereby avoiding the substantial risks associated with these procedures. In addition, many patients will have the same problem due to blockage in the same areas, and need repeat surgery in a few years. This is because surgery does not address the

Artery Clearance Therapy (ACT) or Chelation Therapy is a safe, effective and relatively inexpensive treatment to restore blood flow in cases of arteriosclerosis without surgery. This treatment is used to rid off the excess toxins from the body, particularly metals and other harmful substances that impair bodily functions. In atherosclerosis, deposits of cholesterol, fats, metals and other harmful substances collect on the walls of the arteries in the form of hard plaque. Calcium acts as the glue that holds the plaque together. Chelating agents bind with this calcium and carry it out of the body. This breaks up the plaque deposits, thus unclogging the arteries and permitting normal blood flow. Ph: 66752014 9849017813