

which both prevents and reverse diseases





Ozone therapy is a natural alternative to detoxify, kill infectious disease bacteria and virus organisms. Ozone has a potent immune activating effect, and results in the increased production of interferon, interleukin, and tumor necrosis factor.

Ozone, often called activated oxygen, is a compound containing three oxygen molecules. Oxygen is a basic element of life, and ozone provides one of the best methods of supplying it to the body. Because of oxygen's involvement in nearly every aspect of the body's function, it can be used for almost any condition, and can also be used as a method of improving one's overall health.



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> All life depends on oxygen.

Fuel your cells with Ozone Sauna Therapy!

## **INDOOR HELIOTHERAPY**

FAR INFRA RED & NEAR IR

SAUNA

Skin detox
Draws out toxic
substances out of the
system via the
eliminative
channels of
perspiration.



Suppose you could detoxify your body, purify your skin, increase energy, lose weight, while strengthening your immune system to fight off everything from the common cold, asthma and bronchitis to serious life threatening illness such as cancer. What if all you had to do to receive such benefits was to sit and relax for 15 to 30 minutes a day, two or three times a week?

You can do this now with a recently developed form of indoor heliotherapy/ light therapy

Even on a cold day, the sun feels warm onthe skin. This warmth you feel is heliotherapy, a completely safe form of natural light energy. It is not UV, which can burn and damage your skin. Bodily tissues absorb these rays as the water in the cell reacts in a process called "resonant absorption". Resonant absorption occurs when the frequency of the heliotherapy matches the frequency of the water in the cells of our body.

The skin provides the front line of defense for the body, as well as being expressive of both physiological conditions and emotional states.

What gets in through the skin can get out.

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